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MARCH 15, 2021

Health & Wellness Webinar: Taking Care of You

Please join the PCC Advisory Education Programming Sub-Committee tomorrow, **Tuesday, March 16, 2021 at 2 PM ET** as they host a discussion with Adrienne Clark, USPS Program Manager of Wellness Programs. Adrienne will share best practices and practical solutions on how to take care of yourself during a pandemic. This presentation will cover our mind, body, and spirit. At the conclusion, you should come away with one action item you can implement in your life today.

To join us, please use the dial in information below.

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We look forward to your participation and encourage you to share your comments, concerns, and feedback during the session.

Any questions regarding this Zoom session should be directed to Cathy Scocco at: cathy.m.scocco@usps.gov

Postal Customer Council Advisory Committee (PCCAC), Education Programming Sub-Committee.

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